



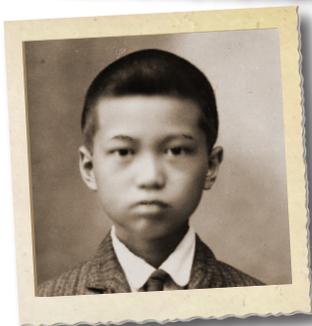
Do you know someone with **Dementia?**



Most of us know close friends or family affected and too many of those living with the condition are lonely and don't feel part of their community.



The TN22 Plus Club aims to help change that by providing a safe and caring environment for those with memory loss or dementia to socialise and take part in stimulating activities.



Managed by a local charity and supported by a team of fully trained volunteers who are passionate about helping people in their community, the Club runs **fornightly Wednesdays at Hadlow Down Village Hall**, but members come from throughout Wealden. Carers are welcome to the Club at any time and often join for morning coffee when they can share experiences with those in a similar situation. A nutritious, freshly prepared lunch is provided followed by recreation and relaxation with an emphasis on laughter and energetic fun!

Your loved one is an individual and a dementia diagnosis doesn't change that.

That's why at TN22 Plus Club we are committed to providing personalised support to enhance our members' well being and to help them to continue to do the things they enjoy.

Members benefit from:

- Meeting and socialising with others and sharing their experiences.
- A stimulating and caring atmosphere.
- Participation in activities.
- Light exercise.
- A change of scene.

Carers benefit from:

- Peace of mind that their loved one is well looked after in a caring and welcoming atmosphere.
- Some free time to pursue a hobby, socialise with friends or simply relax!
- A newsletter with up to date information about Club activities.
- The opportunity to share experiences and gain support from other carers.

To find out more about the service, pricing details or to book a taster day, please call Wendy on:

07961 450357

Please leave a message - we aim to respond to all calls within 72 hours.

Transport may be available within the local area.

www.engagewealden.org.uk

enquiries@engagewealden.org.uk

ENGAge

Charity No: 1175761

TN22 Plus Club

"He looks forward to every session and we know that he has a good lunch!"



"I've had such a lovely time, the best yet!"

"There is real friendship at the Club for both members and carers - it is a lovely oasis."



"His visits stimulate him whereas if he were at home, he would probably just sleep."